BURGERS

with Spinach, Avocado, Brie, Cranberry, Bacon & Onion Rings

I know this burger sounds crazy... but it's delicious. I saw a photo on someone's Instagram feed of a similar burger and wrote it down. I played around with the ingredients and came up with this completely odd sounding, but totally wonderful gourmet take on a burger.

Ingredients. 2 lbs ground beef shallot, finely minced 1 tablespoon Worsteshire Sauce 1/2 red onion, cut into rings and separated 6-8 slices bacon baby spinach sesame seed buns ripe avocado, sliced and peeled whole cranberry sauce brie cheese 1/2 cup buttermilk 1 egg cayenne pepper 1/2 teaspoon baking powder flour plain bread crumbs kosher salt freshly ground black pepper vegetable oil, for frying

Directions.

Start by seasoning the beef with 1 1/2 teaspoon salt, 1 teaspoon freshly ground black pepper, 3 tablespoons minced shallot, and 1 tablespoon Worsteschire Sauce. Allow to sit for 15 minutes. Pin the slices of bacon into rings using toothpicks.

While the burgers are marinating, make your onion and bacon rings. Whisk together the buttermilk, egg, large pinch of salt, 1/8th teaspoon cayenne, and baking powder. Heat 2 inches of oil in a skillet over medium high heat, it should be hot but not smoking. One at a time, coat the onion rings in flour, dip them in the buttermilk mixture, shake off the excess coating, then coat with bread crumbs. Fry the onion rings in small batches for about 3-4 minutes each. Carefully remove them from the oil when they are golden brown and set them aside to drain on a cooking rack or paper towel. Then repeat the process with your bacon rings (remove the toothpicks once they're cool).

Form into 6-8 burger patties. Heat your grill and cook the burgers, flipping halfway through. Toast the buns. Now you're ready to assemble the burgers. Start with a couple slices of avocado, then a small bunch of baby spinach, then the burger, the cranberry sauce, the brie, and finally, top with a couple onion rings!

Enjoy!

RECIPE BY KACIE MCMACKIN www.withlovekacie.com

© 2010-2014